

SCHOOL HOLIDAYS - SQUAD TIMETABLE

Monday 23rd September – Friday 4th October

		DEVELOPMENT / JUNIOR SQUAD	JUNIOR COMP SQUAD (2 nd week only)	JUNIOR STATE SQUAD	SENIOR STATE SQUAD
MON	AM				5:30-7:30
	PM	3:30-4:30	4:30-6:00	4:30-6:00	3:45-6:00 (gym)
TUES	AM				5:30-7:30
	PM	3:30-4:30	4:30-6:00	4:30-6:00	4:30-6:00
WED	AM	6:30-7:30	6:00-7:30	6:00-7:30	
	PM	3:30-4:30	4:30-6:00	3:45-6:00 (gym)	3:45-6:00 (gym)
THUR	AM				5:30-7:30
	PM	3:30-4:30	4:30-6:00	4:30-6:00	4:30-6:00
FRI	AM	6:30-7:30	6:00-7:30	6:00-7:30	5:30-7:30
	PM				

