

JUNIOR TRAINING SCHEDULE 12 & Under

December 7th 2020 – January 23rd 2021

Clayfield College Andrews Cup Squad	DEVELOPMENT SQUAD (\$95 per month)	JUNIOR SQUAD (\$105 per month)	JUNIOR COMP SQUAD (\$115 per month)	JUNIOR STATE SQUAD (\$125 per month)
<u>Thursday</u> 3:30pm - 4:30pm	<u>Monday</u> 3:30pm - 4:30pm	<u>Monday</u> 3:30pm - 4:30pm	<u>Monday</u> 4:30pm - 6:00pm	<u>Monday</u> 5:30am – 7:30am
<u>Friday</u> 3:30pm - 4:30pm	<u>Wednesday</u> 6:30am – 7:30am 3:30pm - 4:30pm	<u>Wednesday</u> 6:30am – 7:30am 3:30pm - 4:30pm	<u>Tuesday</u> 3:30pm - 5:00pm	3:45pm - 6:00pm incl (gym)
<hr/>	<u>Friday</u> 6:30am – 7:30am 3:30pm - 4:30pm	<u>Friday</u> 6:30am – 7:30am 3:30pm - 4:30pm	<u>Wednesday</u> 6am – 7:30am 4:30pm - 6:00pm	<u>Tuesday</u> 4:00pm - 6:00pm
	<u>Saturday</u> 8:30am – 9:30am	<u>Saturday</u> 8:30am – 9:30am	<u>Thursday</u> 3:30pm - 5:00pm	<u>Wednesday</u> 6:00am – 7:30am 3:45pm-6:00pm incl (gym)
			<u>Friday</u> 6am – 7:30am	<u>Thursday</u> 4:00pm - 6:00pm
			<u>Saturday</u> 7:00am – 8:30am	<u>Friday</u> 5:30am – 7:30am
				<u>Saturday</u> 6:30am – 8:30am

SENIOR TRAINING SCHEDULE 13 and Over

December 7th 2020 – January 23rd 2021

Adult Fitness Squad (\$120 for 10 Pass or \$15 pay as you go)	Clayfield College QGSSA TRAINING	TARGET STATE (Tri, Water polo, Fitness) (\$110 per month)	SENIOR STATE SQUAD (\$150 per month)
<p align="center"><u>Monday</u></p> <p align="center">5:30am - 6:30am</p> <p align="center"><u>Tuesday</u></p> <p align="center">6pm - 7pm</p> <p align="center"><u>Wednesday</u></p> <p align="center">5:30am - 6:30am</p> <p align="center"><u>Thursday</u></p> <p align="center">6pm - 7pm</p> <p align="center"><u>Friday</u></p> <p align="center">5:30am - 6:30am</p> <p align="center"><u>Saturday</u></p> <p align="center">6:30am - 7:30am</p>	<p align="center"><u>Monday</u></p> <p align="center">6:30am - 7:45am</p> <p align="center"><u>Wednesday</u></p> <p align="center">6:30am - 7:45am</p>	<p align="center"><u>Monday</u></p> <p align="center">5:30am - 7:00am</p> <p align="center"><u>Tuesday</u></p> <p align="center">4:30pm – 6pm</p> <p align="center"><u>Thursday</u></p> <p align="center">4:30pm – 6:30pm</p> <p align="center"><u>Friday</u></p> <p align="center">5:30am - 7:30am</p> <p align="center"><u>Saturday</u></p> <p align="center">6:30am – 8:00am</p>	<p align="center"><u>Monday</u></p> <p align="center">5:30am – 7:30am</p> <p align="center">3:45pm - 6:00pm incl (gym)</p> <p align="center"><u>Tuesday</u></p> <p align="center">4:00pm - 6:00pm</p> <p align="center"><u>Wednesday</u></p> <p align="center">5:30am – 7:30am</p> <p align="center">3:45pm-6:00pm incl (gym)</p> <p align="center"><u>Thursday</u></p> <p align="center">4:00pm - 6:00pm</p> <p align="center"><u>Friday</u></p> <p align="center">5:30am – 7:30am</p> <p align="center"><u>Saturday</u></p> <p align="center">6:30am – 8:30am</p>

CLAYFIELD SWIMMING