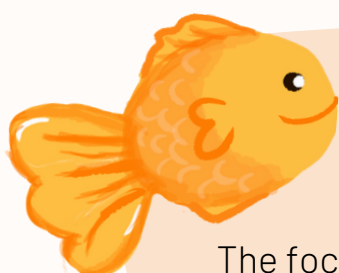


# CLAYFIELD SWIMMING LEVELS



## GUPPIES

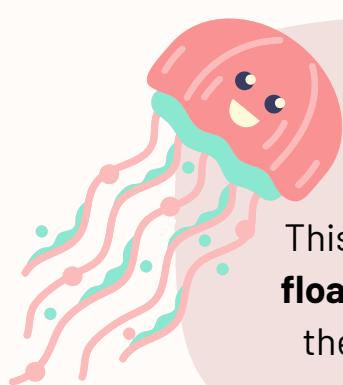
3-6 MONTHS  
30 MINS

The focus is on water familiarity and **developing basic water safety skills** through fun and interactive activities.

## SEAHORSE

6-12 MONTHS  
30 MINS

Will engage in age-appropriate activities that promote safety, water play, and bonding with parents in the pool. Our curriculum emphasises **building water confidence, breath control, and early swimming movements.**



## JELLYFISH

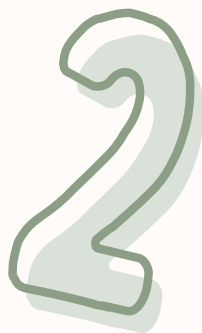
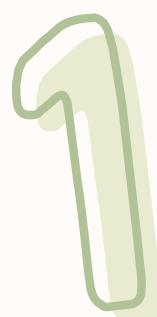
12-36 MONTHS  
30 MINS

This level focuses on refining basic swimming skills, **floating techniques**, and **fostering independence** in the water through play-based learning and guided activities.

## LEVEL 1

30 MINS

This class encourages water confidence and builds the foundation for swimming skills. Your child will be introduced to skills including **submerging, floating, developing a strong kicking action** and **independent swimming.**



## LEVEL 2

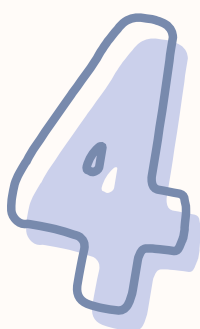
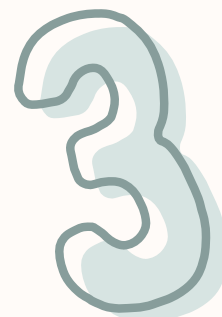
30 MINS

Introducing students to the fundamentals of **freestyle** and **backstroke arm action**, helping them to build their water confidence and water safety skills.

## LEVEL 3

30 MINS

Introducing students to **breaststroke kick** and **butterfly kick**. Further developing their **freestyle, backstroke** and water safety skills,



## LEVEL 4

30 MINS

Consolidating **freestyle, backstroke, and breaststroke** techniques. Continuing to develop **butterfly arms** and water safety skills.

Students develop these skills over a short distance, ensuring correct techniques are continually practised.

## MINI SQUAD

45 MINS

This squad preparation level will **refine all strokes**. They will be working towards holding good technique for 25-50m.